

# C.O.R.E. Connection Workshops 2004 - 2005

led by Amadis Cammell



## STAYING TRUE TO OUR REAL NEEDS

The aims of this weekend are:

- Developing the capacity to differentiate between true and false needs.
- Acknowledging and welcoming the needs of our heart.
- Recognising and meeting our essential and natural needs.

Part I	Sat November 6th 2004	10am-6pm	Cost £60 (conc. £50)
Part II	Sun January 16th 2005	10am-6pm	Cost £60 (conc. £50)

## LOVE, ENERGY AND CONSCIOUSNESS

The aims of this weekend are:

- Becoming conscious at what these aspects of our being are.
- Looking at how our 'Mask' distorts these essential Core qualities.
- Connecting to their primary expressions of love, power and serenity and what they represent in our psyche.

Saturday	December 11th 2004	10am-7pm	Cost £120
Sunday	December 12th 2004	10am-5pm	(conc. £100)

# Workshops 2004 - 2005 ...cont.

## HEALING THE WOUNDED CHILD

The aims of this weekend are:

- Building a new ground by connecting to our Core-Being.
- Looking at how the wounds to our selves early in our lives have formed our primary defence structures
- Healing these hurts that the 'Inner Child' bears and which continue to affect us to our present adult life.

Saturday	March 5th 2005	10am-7pm	Cost £120
Sunday	March 6th 2005	10am-5pm	(conc. £100)

## IDEALISED SELF-IMAGE

The aims of this weekend are:

- Seeing through this ego distortion and its consequent false self-perception.
- Gaining insight into our 'Narcissism' hence regaining sight of our true self.
- Increase our capacity to perceive and feel others as they are.

Saturday	May 7th 2005	10am-7pm	Cost £120
Sunday	May 8th 2005	10am-5pm	(conc. £100)

## LOVE AND THE CELEBRATION OF BEING

The aims of this weekend are:

- Looking at the therapeutic and healing dynamics of the 'Will of the Heart' and how to arrive at such a place.
- Connecting to our Core/Coeur and the pure expression that unfolds from it, the celebration of Life.
- Surrendering to the exalted state of our Heart's essence, Love.

Saturday	June 25th 2005	10am-7pm	Cost £120
Sunday	June 26th 2005	10am-5pm	(conc. £100)

**For enquiries, please contact Amadis:  
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For further info, go to [www.coreconnection.net](http://www.coreconnection.net).**